

NEW CLASSES COMING IN JANUARY, 2012

FOR KIDS ON SATURDAYS

Wigglecise – A dance/exercise class for kids 2-6 years old.

Instructor: Bethany Ritter

Novice Cheerleading – Basics of cheerleading for 5-16 year olds.

Instructor: Torree Wolfe

FOR TEENS TO SENIORS

Art Journaling – A mixed media approach to enhancing your journal or journaling your artistic journey.

Instructor: Shauna Lang

Bonsai – An introduction to the Japanese art form using miniature trees and low-sided pots. The class will be conducted by Bonsai Club Members.

Introduction to Cake Decoration – Learn the essentials for making the perfect party cake, charming minicakes and tempting cupcakes.

Instructor: Rosemary Hampton

Norse Mythology – An introduction to the gods and heroes of the Norse world and their stories.

Instructor: Dr. Sharon MacLaren

Pilates – Tone and tighten those long lean muscles.

Instructor: Melanie Allecia

Restorative Yoga - A gentle therapeutic style of Yoga that uses props to support the body and deepen the benefits.

Instructor: Melanie Allecia

Russian for Beginners – Learn the basics of written and oral skills, including spelling, pronunciation, vocabulary and phrases.

Instructor: Anna Gogadze

Sewing for the Beginner – Learn the basics of working with the sewing machine, patterns and fabrics.

Instructor: Beth Black

Sicily in Perspective – A travel-oriented course dealing with the history of this island that served as a Mediterranean crossroad for many centuries and the cultural aspects of the island that have resulted. Focus on places and things to see.

Instructors: Dr. Sharon MacLaren and Dr. Arline Fitzmaurice

French Discussion/Conversation – This class is not for beginners but for those who have taken French courses or have spoken French in the past and want to “freshen up” their conversational skills. Numerous topics will be discussed.

Instructor: Gerard LaFosse-Marin

Public Speaking – Overcome your fear of speaking in public and learn non-verbal strategies to engage your audience.

Instructor: Barbara Pierce

So You Want to Write a Book – All you need to know about writing a book and getting it published.

Instructor: Virginia Czaja

Non-Fiction Writing - Hone your skills in descriptive writing whether for biographical writing, for pleasure or publication.

Instructor: Barbara Pierce

Building Your Personal Website – How to determine a domain name for your site, finding a host for your site and how you might upload the necessary files to that site’s provider via a software package. Computer experience necessary.

Instructor: David Richardson

Golf for the Beginner – An introduction to golf for those who have never played enough to call themselves a golfer. Basics of swing, clubs, rules and etiquette. Clubs available, range fees waived.

Instructor: Don Williams, Teaching Pro at Port Charlotte Golf Club

Intermediate Golf – Designed to improve all phases of your golf game. For individuals who have played golf and want to improve their skills. Clubs available, range fees waived.

Instructor: Don Williams, Teaching Pro at Port Charlotte Golf Club

Basics of Floral Arrangement – Learn design shapes materials and vase shapes and create your own floral design to take home.

Instructor: Sally Kalama

Matting and Framing Your Art Work – Choosing mat colors and the techniques of matting, double matting and framing.

Instructor: Skip Mattie

Advanced Bridge/Duplicate – Class will cover advanced play techniques with a concentration on defensive skills, several bridge conventions and focus on more competitive duplicate playing.

Instructor: Nancy Thelin